



**Krewe du CrossFit**

8013 Leake Avenue  
New Orleans, LA 70118  
www.kreweducrossfit.com

**ATHLETE WAIVER**

**Full Name**

**Email Address**

**Gender**

**Street Address**

**City**

**State**

**Zipcode**

**Country**

**Date of Birth**

**Phone**

**Emergency Contact Name**

**Emergency Contact Phone**

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*This is a liability release. By affirmatively agreeing to it by initialing each section, you are waiving certain legal rights and are completely releasing potential claims. Please read it carefully.*

**Express assumption of risk:** I, the undersigned, am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death; injury or death due to negligence on the part of myself, my training partner, or other people around me; injury or death due to improper use or failure of equipment; strains, sprains, and other injuries. I am aware that any of these above mentioned risks may result in serious injury or death to myself and or my partner(s).

I willingly assume full responsibility for the risk to which I am exposing myself and hereby accept full responsibility for any death, injury, or other damages that may result from participation in any activity or class while at or under the direction of GNO Fitness, LLC d/b/a Krewe du CrossFit.

**I hereby acknowledge that I have no physical impairments, injuries, or illnesses that will endanger myself or others.**

**Initial here:**

**Release:** In consideration of the above-mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily participating in the activities offered by

GNO Fitness, LLC d/b/a Krewe du CrossFit, I, the undersigned, hereby release GNO Fitness, LLC d/b/a Krewe du CrossFit, as well as its principals, agents, employees, and volunteers, or anyone acting on its behalf, from any and all liability, claims, demands, actions, or rights of action which are related to, arise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above-mentioned parties. This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portion of this agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

*If I am signing on behalf of a minor child, I give full permission for any person connected with GNO Fitness, LLC d/b/a Krewe du CrossFit to administer first aid deemed necessary, and in case of serious illness or injury, I give permission to call for medical and or surgical care for the child and to transport the child to a medical facility deemed necessary for the well-being of the child.*

**I hereby acknowledge that I release the parties listed above from any and all liability, claims, demands, actions, or rights of actions as detailed above.**

**Initial here:**

**Indemnification:** I, the undersigned, recognize that there are significant risks involved in the activities offered by GNO Fitness, LLC d/b/a Krewe du CrossFit. I therefore accept all financial responsibility for any injury that I may cause either to myself or to any other participant due to my negligence. Should GNO Fitness, LLC d/b/a Krewe du CrossFit, as well as its principals, agents, employees, and volunteers, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs. I further agree to indemnify and hold harmless GNO Fitness, LLC d/b/a Krewe du CrossFit, its principals, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligence and/or intentional act(s) or omission(s) while participating in activities offered by GNO Fitness, LLC d/b/a Krewe du CrossFit, at the main building or abroad. This includes, but is not limited, to parks, recreational areas, playgrounds, areas adjacent to the main building, public property, and/or any area selected for training by GNO Fitness, LLC d/b/a Krewe du CrossFit. This Agreement shall be governed by and construed in accordance with the laws of the State of Louisiana, without giving effect to any choice or conflict of law provision or rule that would cause the application of the laws of any other jurisdiction, excluding any choice of law rules that may direct the application of laws of another jurisdiction. I have read and understood the foregoing assumption of risk and release of liability and I understand that by signing this Agreement, I am obligated to indemnify the parties named for any liability, including, but not limited to, the injury or death of any person and damage to property belonging to me or others caused by my negligence and/or intentional act(s) or omission(s). I understand that by signing this form I am waiving valuable legal rights.

**I hereby acknowledge that I agree to indemnify and hold harmless the parties listed above for any injury, death, or damage to property as detailed above.**

**Initial here:**

**I agree to these terms.**

**Sign your name below:**

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Please read the [Electronic Records and Signature Disclosure](#)  
 I agree to use electronic records and signatures